

SEVEN SPIRITUAL STEPS TO FINANCIAL HEALTH

From a speech given by Rabbi Paysach Krohn *shlita*

- 1** Always daven for *parnassa*...
 ...During verse *Posaiach Es Yadecha* in *Ashrei*
 ...In *Shemoneh Esrei* during *Baraich Aleinu*
 ...Recite the *parnassa tefillah* during *Shema Koleinu*
 ...Say *tefillah* for *parnassa* after *Aleinu*
 (See Meiri Nedarim 49b)
- 2** Recite *Bircas Hamozon* with care and diligence
 (See Sefer HaChinuch Mitzvah 430)
- 3** Give *tzedakah* during *Shacharis* at *VaYevaraich Dovid Tefillah* when saying expression *V'atoh Moshail BaKol*
 (See Orach Chaim 51:7 and Mishnah Berurah note 19)
- 4** Give *tzedakah* even if money is tight (See Gittin 7a)
 One may even 'test' Hashem to see that he will become wealthy after he gives *maaser*. (Tannis 9a, and Malachi 3:10)
- 5** Keep a low profile – don't discuss or reveal successes
 (See Tannis 8b)
- 6** Be honest in all financial dealings
 (See Niddah 70b)
- 7** Be peaceful and refrain from arguments and contentious behavior (See Sefer Ohr Elimelech, Achdus, note 5)